

SUNFLOWER Russian Giant

Hardy Annual

- Excellent for back of borders or use as an annual screen
- Ideal for children to grow
- Autumn seed heads attract birds to your garden

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■ Sow under glass/plant indoors
 ■ Direct sow/plant outdoors
 ■ Flowers

Germination:
21 days 68-86F
Plant height:
2.4-3m (8-10ft)
Preferred position:
Full sun

Easy to grow and a giant in sunflowers, growing up to 3m (10ft) tall if given plenty of room. This variety is most eye-catching, boasting huge yellow flowers up to 30cm (12in) in diameter. Birds love the seeds and will feed from them in the autumn.

SOWING INSTRUCTIONS: Sow thinly, 12mm (½in) deep in drills 45cm (18in) apart in well cultivated soil which has been raked to a fine tilth. Germination usually takes about 21 days. When large enough to handle, thin out seedlings to 45cm (18in) apart. Alternatively, sunflowers can be sown indoors in late winter/early spring. Sow individually into 7.5cm (3in) pots at a temperature of 20-30C (68-86F). Grow on in good light, and plant out when all risk of frost has passed.

The ripe seeds make a tasty snack, while the fresh green flower buds can be harvested before they open and cooked in a butter sauce to create a unique side dish. Please write to T&M for a free leaflet on edible flowers.

RHS Plants for Pollinators



The RHS Plants for Pollinators mark is only given to plants that support pollinating insects in gardens. Bees, butterflies, moths, hoverflies and many others visit flowers to feed on nectar and pollen; while doing so they transfer pollen and increase seed set and fruit development. Find out more at RHS.org.uk/plants

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£1.99



Can you
grow the
tallest?



SUNFLOWER

Russian Giant Easy Grow Hardy Annual



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Experts in the garden since 1855